



ALL DAY MENU

SERVED FROM 11AM TO

LIGHT LUNCH Fish Cakes R95 Fish cakes, avocado, beetroot, rocket, pesto, bulgur wheat, dhania & chilli dip Thai Chicken R75 Succulent chicken pieces coated in peanut & pistachio nuts served with fried noodles & creamy satay sauce Harissa Beef Strips **R95** Strips of beef simmered in a light spicy sauce presented with toasted ciabatta bread Chicken Kebab R95 Chicken, peppers, baby marrow on a bed of Greek salad with hummus, tzatziki & pita Lamb Kebab R125 Lamb, peppers, onion, baby marrow on a bed of Greek salad with hummus, tzatziki & pita Mezze Platter R85 Consisting of Hummus, spanakopita, taramasalata, calamata olives, toasted pita bread, sun blushed cocktail tomatoes, feta cheese, grilled aubergine & tzatziki Tacos 2 freshly grilled tacos filled with lettuce, sour cream, grated cheddar cheese, diced pico de gallo salsa & avocado: Flash grilled chicken & cilantro sauce **R90** 🕜 Crumbed halloumi & cilantro sauce **R85** Crispy fish coujons & cilantro sauce **R95 Beef Cubes & Chicken livers R80** Cooked in a creamy onion, tomato, green peppercorn sauce, topped with sour cream and chives & served with toasted ciabatta bread Falafel Buddha Bowl R75 Bulgar wheat, roasted butternut, baby spinach leaves, toasted seeds, roma tomatoes, cucumber, chickpea falafel balls & tahini dressing SALADS Parmesan Salad R75 Cos lettuce tossed with vine tomatoes, assorted peppers, red onion, cucumber, rocket dressing,

PIZZA SELECTION

Pizzas can be ordered from 12pm onwards. All Pizzas are topped with herb Napolitana sauce and Mozzarella.

Margherita Mozzarella cheese, herb tomato sauce & basil	R95
The Watershed Olives, salami, gorgonzola, mushroom & rocket	R124
Chicken BBQ Chicken BBQ sauce & mushrooms	R110
The Meaty One Salami, ham, bacon, peppers, onion, tomato & rocket	R130
Mayiaana	D170

Mexicana R130 Spicy mince beef, jalapeños & onion

R125

Bacon, avocado & feta cheese Pollo Picante R130 Chicken, peppadew & avocado

Hawaiian R105 Ham & pineapple

Regina R105 Mozzarella, ham & mushroom

Salami R120 Salami, peppers, onion & garlic

4 Seasons R115 Ham, mushroom, peppers & olives

Sweet Chilli Chicken Feta R108 Chicken, sweet chilli, jalapeño & feta

Vegetarian R105 Olives, peppers, peppadew & mushrooms

ADD EXTRA TOPPINGS

avocado | mozzarella | feta

Chilli | onion | garlic R9 Peppadew | mushroom | rocket | **R18** olives | jalapeno | peppers Chicken | salami | ham | bacon | **R22**

FOCACCIA _

redetarion V	Olive Oil.	Garlic & Rosemary	R50
	Ouve Oit,	Sartic & Rosemary	11.50

Calamata Olive, Thyme & Mozzarella

crunchy bread crouton & grated parmesan cheese

Oreek Salad R71 Mixed salad leaves, cucumber, roma tomatoes, red onion, peppers, olives, Danish feta & rocket dressing Add chicken R15

CHEF'S DISHES _

Fish & Chips R105 Fresh Atlantic Ocean hake fillet, beer batter fried or grilled, served with chips & the Chef's tartar sauce

Patagonian Calamari Tubes R140

Grilled or fried to your liking, served with apple, coriander and lime dip or peri-peri sauce & chips or parmesan salad

Chicken Parmigiana

Classical Campania chicken dish consisting of golden crumbed chicken breast topped with herb infused tomato sauce, mozzarella and parmesan cheese & served with linguini pasta

Chicken Peri-Peri or Lemon & Herb Half R95 Whole R160

Chargrilled whole or half chicken basted with our flavorsome peri-peri sauce or lemon & herb, served with chips or parmesan salad

Cajun Chicken & Calamari R125

Tender fillet of chicken topped with Patagonian calamari, grilled or fried, napped with our creamy Cajun sauce & served with your choice of side

250g Rump Steak or Beef fillet

Served with chips or side salad

Rump R125 Fillet R180

R160

ADD A SAUCE: R30 each

Mushroom Sauce Peri-Peri Sauce Café de Paris Butter Creamy Cheese Sauce Creamy Blue Cheese Sauce Green Peppercorn Sauce

Famous MECC Lamb Curry

Presented with basmati rice, poppadom, roti & sambals

Butter Chicken Curry R130

Presented with basmati rice, poppadom, roti & sambals

Beef Burger R80

180g pure beef burger placed on a toasted sesame bun with lettuce, tomato, gherkin & red onion

Cheddar Cheese Burger **R90**

180g pure beef burger placed on a toasted sesame bun with lettuce, tomato, gherkin, cheddar cheese & red onion

Chicken Burger R80

Grilled chicken breast with BBQ basting sauce on a sesame seed roll with chips or side salad

Chickpea Burger **R70**

Chickpea and coriander patty, topped with tzatziki and humus & served on toasted pita

PASTAS

The following pastas are available:

Tagliatelle | Spaghetti | Linguine | Penne

Gambas Pasta

R135

Creamy citrus sauce, prawns, chilli & grated parmesan cheese

Chicken Pesto

R110

Creamy pesto sauce, tender chicken, roma tomatoes, garlic, fresh herbs & parmesan cheese

R92

Forest mushroom and truffle infused parmesan sauce & topped with grated parmesan

Spaghetti Bolognese

R85

Rich Bolognese sauce finished with parmesan cheese

Alfredo

R95

Ham, mushroom, creamy parmesan sauce & topped with grated parmesan

TOASTIES

Served on white, brown, health or sourdough bread

Chicken Mayo		R45
Ham & Cheese		R45
Cheese & Tomato		R40
Bacon & Egg		R50
Bacon & Cheese		R55
Side Chips		R20
Side Salad		R30

KIDDIES

Crumbed Chicken Strips R55

with pink sauce & chips

Fresh Hake with tartar sauce & chips **R55**

Kiddies Lasagna

Topped with mozzarella cheese

Margarita Pizza Spaghetti Bolognese **R60**

Chicken or Beef Burger with chips

DESSERTS

Pavlova **R50**

Filled with fresh berries and home-made berry compote and topped with fresh cream

Crème Brûleé

R50

R60

R45

R50

Vanilla pod infused baked custard topped with caramelized sugar

Ice Cream & Chocolate Sauce **R45** Vanilla ice cream topped with BAR ONE sauce

Lemon Cheesecake **R65**

New York style chilled lemon cheesecake

Cake of the Day R45