



CMH LAND ROVER UMHLANGA TRAIL



MOUNT EDGECOMBE
Country Club

CONTACT DETAILS

Estate 1 Security number - (031) 539 2998

Estate 2 Security number - (031) 539 3144

The Watershed Cafe (031) 539 8313

The Clubhouse (031) 539 5330

Ian Wilson (MTB Coach) 073 153 0986

*Ian teaches Mountain Biking lessons for all ages
every Monday afternoon*



**THE ESTATE
THE BOSS**



Distance: 14.5km

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RULES OF THE TRAILS CLUB

- 1. Helmet Must be worn:** No helmet no ride.
- 2. The track is a one directional flow:**
Estate 1 – the trail is anti-clockwise. Starts between the tennis court and bowling green.
Estate 2 – the trail is clockwise. Starts near Watershed, right of the 15th tee box.

This must be strictly adhered to as riding in the 'wrong' direction can cause serious injury. This is for walkers, runners and riders.
- 3. Registration:** All trail users must please fill in a membership form along with an indemnity form and at the same time collect a bell. Membership is free of charge and can be collected from Claudia at the Watershed between 14h00 and 17h00 Monday to Friday or from Ronnel at the Clubhouse from 08h30 to 16h30, Monday to Friday.
- 4. Ride Open Trails:** Respect trail and road closures. Do not trespass on private land or enter EPA's. Do not deviate from the trail.
- 5. Leave No Trace:** Be sensitive to the dirt beneath you and the environment around you. Wet and muddy trails are more vulnerable to damage than dry ones. When the trail is soft, consider other riding options. This also means staying on existing trails and not creating new ones. Don't cut switchbacks. Don't ride around standing water which results in widening the trail. Be sure to pack out at least as much as you pack in. Consider improving the trail experience for those that follow by picking up and removing any litter, broken branches or loose debris.
- 6. Control Your Bicycle:** Inattention for even a moment could put yourself and others at risk. Obey all bicycle speed regulations and recommendations, and ride within your limits. Social conflicts on trails often result when riders are going too fast. Riders are to remember they share the trail with walkers and runners.
- 7. Yield Appropriately:** Do your utmost to let your fellow trail users know you're coming – a friendly greeting or bell ring are good methods. Try to anticipate other trail users as you ride around corners. Mountain bikers should yield to other non-motorized trail users, unless the trail is clearly signed for bike-only travel. In general, strive to make each pass a safe, controlled and courteous one. Please let faster riders through in a place safe to both riders.
- 8. Never Scare Animals:** Please respect the wildlife.
- 9. Plan Ahead:** Know your equipment, your ability and the area in which you are riding and prepare accordingly. Strive to be self-sufficient: keep your equipment in good repair and carry necessary supplies for changes in weather or other conditions. Always wear a helmet and appropriate safety gear.
- 10. Riding Hours Estate 1:** Generally, on Tuesdays – all day unless otherwise informed. Rest of the week – outside golfing hours from 05h00 to 07h00 and from 17h00 to 19h00.
- 11. Riding Hours Estate 2:** Generally, on Mondays – all day unless otherwise informed. Rest of the week – outside golfing hours from 05h00 to 07h00 and from 17h00 to 19h00. The only area that may be ridden during golfing hours is where entry is via the path next to the 6th tee flowing through to Gate 6. But, please be mindful of golfers teeing off the 6th tee, wait until the tee is fully clear before entering the single trail. Please contact the Golf Shop (031) 502 1010 to confirm Course closures as this may vary.
- 12. Please ensure that you keep fully up to date with any changes** in the trail or in the rules. Contact Robyn on 076 8848 609 if you would like to join the Trails Club WhatsApp group.

ENJOY THE AWESOME TRACK.