



MENU

Available from 11am to close daily

Please be advised that food prepared in our kitchens may contain: milk, eggs, wheat, soybean, peanuts, tree nuts, fish and shellfish

STARTERS

Peri-Peri Livers R90

Chef Sbu's famous chicken livers braised in peri-peri tomato chutney, with a dash of cream served with a Portuguese roll

Calamari & Chorizo R130

Grilled calamari tubes, spicy paprika chorizo in Napolitana sauce, chopped chilli, fresh herbs served with toasted Artisan bread

Soup of the Day R75

Enquire with your Waitron about the soup of the day, served with toasted Artisan bread

Rosemary Breaded Polenta Sticks R95

Light and appetising finely breaded sticks with rosemary, served with spicy marinara sauce

Jalapeño Cream Cheese Poppers R95

Fresh jalapeños, stuffed with mozzarella and cream cheese, Panko breaded and gently fried served with Sriracha Mayo

Calamari Tubes R125

130gr Grilled or deep fried served with signature fries or side salad, herbed Tartar sauce and lemon

Fish Cutlets R135

Cooked shredded fish, potatoes, fresh herbs and lemon, Panko crumbed and fried, served with cucumber herb salad, coconut sauce, avocado, humus and lemon

GRILLS

Prime cuts of meat basted with our MECC basting sauce and served with our signature chips, side salad, baked potato, savoury rice or veg of the day

Sirloin 250g **R159**

Rump 250g **R159**

Beef Fillet 250g **R199**

Pork Ribs 300g **R165** | 600g **R225**

Baby Chicken

Half **R116** | Full **R190**

Your choice of half or full flame grilled baby chicken done in peri-peri or lemon and herb

Sauces **R35 each**

Mushroom | Green Peppercorn | Creamy Cheese | Creamy Garlic | Cheese and Mushroom | Peri-Peri | Café de Paris | Herb Butter | Blue Cheese | BBQ

House Specialities

Café de Paris Sirloin 250g R189

Succulent sirloin, seasoned, grilled to perfection and topped with Café de Paris butter served with shoestring fries, buttered greens and crusty Artisan bread

Oxtail R220

Slow cooked in a rich tomato stock, tender carrots and baby potatoes, served with buttery leeks, parsley mash and crusty ciabatta

Premium Calamari & Chicken Combo R195

110g Premium calamari heads and tubes grilled or fried with flame grilled ½ chicken marinated in lemon and herb or peri-peri served with signature chips or savoury rice

Chimichurri T-Bone Steak R195

400g T-bone, spice rubbed and grilled, served with a colourful and flavourful Chimichurri sauce, onion rings and parsley mash

Linefish SQ

Please enquire with your Waitron on availability. Served on herbed mash, creamy lemon sauce and fresh steamed veg medley

Calamari R199

Grilled or fried calamari tubes and tentacles served with Tartar sauce or garlic lemon butter with signature chips, side salad or savoury rice

Vegetable & Bean Casserole R145

Ragout of red kidney beans, sweet potato, onion and herbs served with tzatziki and crusty Artisan bread

Sides Chopped Chilli **R15** | Savoury Rice **R25** | Side Salad **R35** | Chips **R35** | Veg of the Day **R35** |

MAINS

Curries MECC renowned curries served with basmati rice, roti, poppadum, sambals and chutney or pickle

Boneless Chicken & Potato R150

Beef R175

Chicken & Prawn R190

Lamb On the Bone R175 | Boneless R225

Chickpea & Lentil R135 Served with raita and fresh mint

Pastas

Tortellacci with Ricotta & Spinach R165

Finished with a choice of creamy asparagus, porcini or Napolitana sauce

Seafood Tagliatelle R185

Hake, prawns, mussels and calamari cooked in a rich cream sauce, finished with lemon zest

Lamb Lasagne R165

Layers of savoury lamb ragú, bechamel sauce and Napoli sauce, served with side salad

Kiddies

Mac & Cheese R70

Chicken Strips & Chips R75

Spaghetti Bolognese R75

Fish Nuggets & Chips R80

TOASTIES

Below fillings served in your choice of: White, Brown, Rye, Health or Sourdough Bread, toasted or plain, served with Shoestring Fries

Cheese & Tomato 	R50
Ham & Cheese	R60
Bacon & Egg	R65
Chicken Mayo	R65
Cheese & Mushroom 	R65
Chicken Curry	R70
Lamb Curry	R99

SOCIAL NOSHING

Crumbed Mushrooms  With remoulade sauce	R65
Woods Chicken Strips Served with signature chips, salad slaw & Louisiana dipping sauce	R95
Legendry Large Chips & Curry Gravy Bowl	R65
Lamb Bunny Chow Served on the bone with carrot salad	R125
18th Basket Chicken springroll, lamb samoosa, coriander potato samoosa, served with house chilli sauce	R125
Coastal Basket Tempura hake goujons, Panko prawns, Cajun calamari, chips and Tartar sauce	R195
The Woods Basket Pork riblets, crumbed buffalo wings, boerewors bites and signature chips	R185

NACHOS	Half R70 Full R110
Topped with avo, tomato onion salsa, sour cream and cheddar	
Add: Chicken R35 Lamb Mince R45	

Focaccias

Bacon, Mozzarella & Avo	R95
Mozzarella & Chilli	R65
Feta, Garlic, Caramelised Onions & Rosemary	R75

SALADS

Sesame BBQ Chicken Marinated BBQ and sesame tender chicken strips, fresh lettuce, rosa tomatoes, cucumber, red cabbage, onion, avocado and peppadews with MECC house dressing	R120
Village Greek 	R95
Fresh lettuce leaves, rosa tomatoes, cucumber, red onion, kalamata olives, feta, origanum infused dressing	
Grilled Prawn & Avo	R165
Steamed prawn tails, lettuce, Cajun spiced avocado, cucumber, rosa tomatoes, boiled egg, dressed with MECC house dressing	
Chicken Hummus Bowl	R135
Grilled chicken fillet, mixed grains, avocado, red onion, baby spinach, zesty lemon dressing and hummus	
Lentil Salad With Tahini Dressing 	R135
Cumin charred vegetables: sweet potato, carrots, courgettes, red onion, pumpkin seeds and green lentils, dressed with mint and parsley yoghurt tahini dressing	

Club Classics

All meals served with baked potato, mashed potato, savoury rice, veg of the day, side salad or signature chips

Parmesan Chicken	R140
Grilled BBQ basted chicken fillet, gratinated with parmesan cheese, topped with sliced avo	
Prego Roll	R125
Toasted Portuguese roll filled, 150g grilled sirloin, spicy prego sauce, onions, topped with a fried egg	
Steak Egg & Chips	R125
150g grilled sirloin, fried egg and signature chips	
Chicken or Falafel Schnitzel 	R140
Panko crumbed and fried classic schnitzel, with your choice of sauce; peppercorn, cheese, mushroom, creamy garlic, or peri-peri	
Bangers & Mash	R95
Pork bangers, herbed mashed potato, onion gravy and peas	
Liver & Onions	R95
Pan seared lamb liver, sautéed onions, finished with rich jus	
Fish & Chips	R135
House battered deep fried or grilled hake, Tartar sauce, fresh lemon	
Pie Chips & Gravy	R85
Please enquire with your Waitron on pie of the day, served with signature chips and plain or curry gravy	
Cajun Chicken & Calamari	R120
Grilled calamari tubes and chicken fillet, garlic and Cajun cream sauce	
Eisbein	Half ± 500g R125 Full ± 1kg R195
Crispy fried pickled pork shank, served with Bavarian mustard, sauerkraut and gravy	

Gourmet Burgers

All burgers served on a toasted sesame bun with lettuce, gherkin, burger sauce, onion and signature chips

Woods Classic 180g Beef or chicken patty, burger relish	R110
Meditarranean Rosemary and garlic lamb patty, tzatziki	R125
Nacho Spicy 180g Beef patty, jalapenos, nacho cheese sauce, tomato salsa, crushed nachos	R130
Swiss Mushroom 180g Beef or chicken patty, creamy mushroom sauce, Swiss cheese	R130
Vegan 	R95
Fried vegan patty, carrot ribbons, Louisiana sauce	
Add: Sliced Cheese R20 Avo R35 Egg R10 Streaky Bacon R30 Pineapple R25	

Desserts

Ultimate Chocolate Brownie Rich chocolate brownie topped with vanilla ice cream or whipped fresh cream	R75
Indulgent Crème Brulee Rich, creamy vanilla custard and crunchy, caramelised topping	R65
Malva Pudding Traditional South African favourite served with homemade custard or vanilla ice cream	R75
Waffle Toasted waffle, served with vanilla ice cream or whipped fresh cream and your choice of topping: Maple Syrup Bar One Milky Bar Peppermint Crisp Wild Mix Berry	R85
Ice Cream Served with Bar One or caramel sauce	R60